

# PREGNANCY AND PARENTING RESOURCES FOR STUDENTS



**Title IX** of the Education Amendments of 1972 (“Title IX”), 20 U.S.C. §1681 et seq., is a Federal civil rights law that prohibits discrimination on the basis of sex—including **pregnancy** and **parental status**—in educational programs and activities. Know your rights, and know where to get support.

## YOUR RIGHTS

- ✓ You must be provided with reasonable adjustments, such as a larger desk, elevator access, or allowance for frequent bathroom breaks, when necessary because of your pregnancy.
- ✓ You must be allowed to make up any work missed while on medical leave.
- ✓ You must not be required to submit a doctor's note for absences related to your pregnancy or childbirth, unless ALL students are required to submit a doctor's note for absences and hospitalizations related to physical or emotional conditions.

## YOUR RIGHTS

- ✓ You must be allowed to continue participating in classes and extracurricular activities while you are pregnant.
- ✓ Absences due to pregnancy or childbirth must be excused, for as long as your doctor deems necessary.
- ✓ Your instructor may not refuse to allow you to submit work after a deadline you missed because of pregnancy or childbirth. You should be allowed to make up any participation or attendance credits you did not have the chance to earn due to your pregnancy-related absence.

## RESOURCES FOR UNDERGRADUATE AND GRADUATE STUDENTS

## OFFICE OF COMPLIANCE DIVERSITY & ETHICS

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## RESOURCES

### Student Health Services

Student Health Services offers both pregnancy testing (for a fee) and counseling regarding options, resources, and services available.

### Office of Disability Services

Contact Disability Services to discuss possible accommodations (e.g., classroom furniture, location to retake exam) if you need assistance with a pregnancy-related condition.

### New Student & Family Programs & Contemporary Student Services

Contemporary Student Services and New Student and Family Programs coordinate with faculty, staff, and outside organizations to provide information that meets the unique needs of Mason student-parents.

## RESOURCES

### Child Care Services

The Child Development Center at the Fairfax Campus serves faculty, staff, and students at the university, with enrollment on a first-come, first-served basis. Regular child care is provided from 7:00am to 6:00pm, Monday through Friday, for children 2-5 years old. Children attend 2, 3, or 5 days per week.

Additional resources are available across local counties, including: Fairfax County, Arlington County, Prince William County, and Loudon County.

### Lactation Spaces

The University supports working and learning mothers. As such, we offer private spaces on each campus to accommodate nursing mothers. Specific locations at the Fairfax Campus, Arlington Campus, and SciTech Campus can be found online: <https://masonfamily.gmu.edu/student-parents/campus-resources/>